

Summer 2008

Newsletter



FLEET HEALTH AND SAFETY

# Summer Newsletter

## HSE & Construction

### Safety of on site vehicles

The second most common cause of serious injury & fatality in construction is by moving vehicles. A company in Yorkshire was recently found negligent after a bricklayer suffered serious leg injuries after he was struck by an excavator. You must have a traffic management plan in place for every stage of the construction plan & there must be segregation between pedestrians & vehicles on site.

### Summers Here !

When working outdoors the weather can have an effect on an individuals effectiveness. By following advice, you will be safeguarding yourself & your employees against the effects of adverse weather conditions.

### Cold environments

- Ensure the [personal protective equipment](#) issued is appropriate
  - Provision of mobile facilities for re warming and encourage the drinking of warm fluids such as soup or hot chocolate
- Introduce more frequent rest breaks
- Can work be delayed and undertaken at warmer times of the year without compromising on safety

Educate workers about recognising the early symptoms of cold stress.

### Hot environments

- Reschedule work to cooler times of the day
  - Provide more frequent rest breaks and introduce shading to rest areas
- Provide free access to cool drinking water
- Introduce shading in areas where individuals are working

Educate workers about recognising the early symptoms of heat stress

## Fleet Health and Safety

Your First Step to Compliance...

## HSE

### Events

#### Royal Highland Show –Ingleston

19-22 June 2008

The HSE will have a stand at the show this year in which the theme will be " *Good Health 'storyboard' plus consequences of unsafe farm practices*"

They will be *Tackling occupational health risks, including musculoskeletal disorders (MSD)/ manual handling and Safety risks including transport ('Safe site, Safe vehicle, Safe driver')* and are happy to answer any questions

### Employing Young People

With the summer holidays fast approaching, many employers may be thinking of taking on young workers at what may be their busiest time & should consider the following risks.

Young people, especially those new to the workplace, will encounter unfamiliar risks from the jobs they will be doing and from the working environment.

- All people are at particular risk of injury in the first six months of a job as they may be unaware of existing or potential risks. Young people will frequently be in this category
  - Young people may **lack experience or maturity** or may be unaware of how to raise concerns.
  - They may not have reached physical maturity and therefore lack the strength demanded
- They may be eager to impress or please people with whom they work.

Fleet Health and Safety can help you as much or as little as you like and we will not sell you something you do not require. We can develop a complete health & safety system for you or just provide a health & safety policy, a full audit or help you with your reporting of an incident -it's that simple. We believe that every business is unique in its health and safety requirements and do not operate a tied contracts system. Please call Ian on 01557 335067 or 07872 960120 to discuss any aspect of health and safety for your organisation. Alternatively e mail to [ian@fleethealthandsafety.co.uk](mailto:ian@fleethealthandsafety.co.uk)